**App's 'N Good Ol' Stuff**

**Famous Black Beans 'N Rice**
"Award Winning Recipe" - Voted Best Vegetarian Dish on the island - Served with sour cream - Oh Yeah it's not soup! $8.99

**Conch Fritters**
Come and get em! Fresh lemon and sauce to dip. Better than in the Bahamas.................................................. $9.99

**Get That Gator! - Seasonal Marinated gator tail lightly battered and fried with sauce to dip!** $12.99

**Lazy Crab Cakes App** - Tender pan seared delicacies, with sauce to dip........................................................................ $12.99

**Fried Shrimp App** - 7 Large Gulf Shrimp lightly battered and tender fried.......................................................... $11.99

Try it Sanibel Style (coconut Fried) - Add $1.00

**Uncle John's Moolicious Mussels**
Fresh mussels simmered in our zesty marinara or white wine broth. Served up with homemade garlic bread for the dip!!... $12.99

Toss with a helping of Pasta........................................... add $4.00

**Buffalo Shrimp App** - 7 Large Finger Lickin' Gulf Shrimp - Wow Spicy! .................................................. $11.99

**Frickles** - A heap'n helpin' of hand dipped fried pickles dusted w/ Parmesan cheese........................................ $7.99

**Chicken Fingers App** - hand breaded............................................. $7.99

**Fried Oysters App** - whole belly............................................. $11.99

**Southern Sweet Potato Fries**
With Honey Mustard dipping sauce........................................ $4.99

(substitute sweet fries for your side for $1.00 more)

**Terry's Tot's (Not Scott's)**
Crissy golden tot's just like Mom used to make........................................ $4.99

(substitute tot's for your side for $1.00 more)

**Greens 'N Stuff**

**The Wedge Salad** - Iceberg lettuce wedge, topped w/ sliced avocado, cherry tomatoes, sweet vidalia onion, crumbled Berkshire Blue cheese, hickory bacon crumbles. Smothered in our Homemade Buttermilk Ranch - sided w/toasted garlic bread. The BEST wedge you ever had. ...$10.99

Add chicken ........................................................................... $3.00

Add shrimp ........................................................................... $5.00

**Adobo Grilled Chicken Salad**
Lightly seasoned Chicken Breast over baby greens with Island Vinaigrette.................................................. $11.99

**Island Crab Cake Salad** - Our tender crab cake atop wonderful baby greens........................................ $15.99

**World Famous Caesar or Baby Greens Salads**
- Your Choice

Plain Our Way................................................................. $9.99

Fried Oysters ................................................................. $14.99

Fresh Catch ...................................................................... $17.99

**Side Salad** ................................................................. $4.50

**Side Caesar** ............................................................... $4.99

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**Jus' Grillin'**
All served with fries & pickle. Additional toppings available upon request.

- **Dreamful Cheeseburger** - 1/2 lb. fresh ground Black Angus - Your choice of American, Swiss, cheddar or Bleu cheese.......................................................... $11.99

- **Barn Burner** - Great 1/2 lb. fresh ground beef smothered with bacon, bell peppers, grilled sweet onions, and melted cheeses.......................................................... $12.99

**Southwest Gifantro Lime Mango Grilled Chicken Sandwich** - WOW that is really a mouthful. Topped with a chipotle-lime sauce, grilled onions, red peppers, and cheddar-jack cheese. Served with crispy fries.............. $11.99

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**“BBQ With An Attitude”**
Uncle Buck thinks these are the best recipes South of the Carolinas. All topped with our famous SWEET BBQ sauce and served with Fries and Hushpuppies

- **Paul's Pulled Pork Sandwich**
Roasted and smoked for a long time - Till it can't stay together anymore! Topped with our Southern style sweet BBQ sauce!.................................................. $11.99

**BBQ Chicken Sandwich**
Tender chicken breast, simply delicious........................................ $10.99

**BBQ Bacon Burger**
With this devine combo you can't go wrong........................................ $11.99

**Pulled Pork Plate** - BBQ Pork southern style piled high atop garlic toast. Wow .............................................. $13.99

**Brian's Baby Back Ribs**
He'll brag about em - And you'll see why Gigantic full rack - Cooked to perfection and Fallin' off the bones! .......... $19.99

**Wombo Combo** - Picture this "BBQ Heaven" - Our baby back ribs, BBQ chicken, pulled pork, and BBQ shrimp all in one place! A big ole feast - Enjoy!.................... $21.99

**Pick A Basket, Please!**
All our baskets are hand breaded & tender fried, served up real hearty. All with Island tradition - crispy fries and tasty hushpuppies

- **Oh! Chicken Fingers** - No bones about it! Tender breast prepared by hand with our tasty recipe and fried. Chef Liliana approved!.............................................. $10.99

- **Gator Basket** - The secret is out - Come and get em... $15.99

- **Kids wanted it... We got it...**.............................................. $10.99

- **Fried Pink Gulf Shrimp** - We pick em big - Lightly battered and fried. Have 'em Coconut Fried for just $1.00 more! 9 Count.......$16.99 14 Count.......$20.99

**Fried Oysters** - Shucked on the spot! Whole Bally, plump and juicy - A nice large piece........................................ $16.99

**Half-a-Heifer** - Half and Half - Choose two baskets - It's a pain in the hind quarter but we'll do it for you anyway. $20.99

**Catch Of The Day** - Fresh as can be. Make em Southern Fried or Coconut Fried for $1.00 more

- **Grouper or Mahi** ................................................................. $15.99

**Paradise A Brewin'**
Hey That Paella - OUR HOUSE SPECIALTY - All the best flavors South Florida has to offer. This dish shows off with moist yellow rice topped with large shrimp, scallops, fresh fish, chicken, andouille sausage, and shellfish. Topped off with homemade garlic toast........................................ $20.99

- **Island Cow Favorite** .......................................................... $15.99

**Vegetarian Dish**
*CONSUMING RAW OR UNDERCOOKED MEATS, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Foodborne Illness*
Sanibel South Of The Border

Our Famous Seafood Tacos have made it to the big time!

**Two tacos** served on flour tortillas with lettuce tomatoes, and cheese. Sided with Black Beans and Rice, Salsa, and Sour Cream. Add Guacamole... $1.99

**Crunchy Grouper Tacos**
A local favorite - Tender fried and all delicious!.................$16.99

**Boom Boom Shrimp Tacos**
A true Island Cow favorite... Crispy shrimp tossed in a tangy, sweet & spicy sauce.................................................................$14.99

**Lt. Dan's Shrimp Tacos** - Pan Seared Gulf shrimp sautéed w/ ginger orange glaze topped with cilantro cabbage slaw - RUN FOREST RUN! ..............................................$15.99

**Captain Juan's Mango Blackened Mahi Tacos**
Super Moo-y Bueno w/ mango salsa... $16.99

**Taco Combo** - Choose two from above! ...............$15.99

**Taco Trio (3 taco combo) - WHY CHOOSE?**
Choose any three (Crunchy Grouper, Blackened Mahi, Boom Boom Shrimp, Lt. Dan's) A threesome you'll never forget ..........$20.99

**Quaky Quesa-Riots**
All served with homemade salsa & sour cream on the side

**Cow-a-Bunga Quesadilla - BBQ pulled pork, sweet bell peppers, onions, and Colby-Jack cheese.** .......... $12.99

**Adobo Chicken Quesadilla** - Our specially marinated chicken - Grilled caramelized onions, bell peppers with savory melted cheese - Wow! ...........................................$12.99

**Seafood Quesadilla** - Plump Gulf shrimp, fresh catch, sweet blue crab, and scallops - Make this a perfect partner to sweet peppers, onions, and melted cheese...$17.99

**Black Bean 'N Cheese Quesadilla** .................$10.99

**“Cast A Spell**
All served up in a steamin’ cast iron skillet

**Seafood Fajitas** - Everything you could imagine - Fresh Fish, Shrimp & Sea Scallops with sautéed peppers, and onions. The Ultimate!..........................................................$21.99

**Sizzling Fajitas** - Tender chicken, tasty bell peppers, sweet onions, and more - Served up with all the fixin's..........................................................$17.99

**Pastabilities**
All dishes tossed with angel hair pasta, with homemade garlic bread and Parmesan on the side

**Kristina’s Angel Hair** - Fresh Roma tomatoes, garlic, white wine, butter and fresh basil.................................$12.99

**Seafood Pasta** - Zesty marinara prepared with mussels, shrimp, sea scallops, fish, and clams - You’ll always remember. ........ $21.99

**Shrimp Marinara** - Delicate Angel hair blessed with large Gulf shrimp, fresh herbs, and a zesty tomato sauce.....$19.99

**Scallop 'N Shrimp Scampi** - Cooked up with white wine, butter, basil, tomatoes, and plenty of garlic!..........................$20.99

**Grouper Picatta** - Fresh grouper sautéed with capers, fresh basil and garlic tossed in a white wine butter sauce... a house specialty!..........................................................$20.99

**Fishin’ Around**
All served with red bliss smashed potatoes and veggies.

**Islander’s Crab Cake Dinner**
Two (2) Tender cakes - sweet crabmeat, fresh herbs and spices create this winner!.........................................................$19.99

**Mack Daddy Shrimp Dinner** - 10 Large Pink Gulf Shrimp Bronzed, Blackened, Broiled, Grilled, or Tender Fried ... $20.99
Try em Sanibel Style (coconut fried) add $1.00

**Fishin’ Rules**
All our fish are fresh as can be.

1) **Reel in your FRESH CATCH**
(Choose your fish, one only) Grouper or Mahi

2) **Name your STYLE of cookin’**
Broiled, Fried, Bronzed, Blackened, Pan seared, Crunchy, BBQ’d, or Scampi Style. Try it Sanibel Style (Coconut Fried) add $1.00

3) **Choose your SIDES as you like**
French Fries, Black Beans ‘n Rice, Fresh Veggies, Hushpuppies, Island Yellow Rice, Sweet Potato Fries, Smashed Potatoes.

4) **Customer is always right**
Unless you’re wrong of course.

5) **When in doubt, refer to rule #4**

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**Waterside Fun Sandwiches**
All served with french fries & pickle.

**Fresh Catch Of The Day Sandwich**
Right off the boats! Prepared your way: Pan Seared, Tender Fried, Blackened, Bronzed, Crunchy, or try em Sanibel Style (coconut fried) for just $10.00 more!
Choose your type of fish and tell us how to cook it (one) Grouper or Mahi..............................................................$15.99

**Crab Cake Burger** - An Island Cow original masterpiece. Crabmeat, fresh herbs and spices, pan-seared and served on a Kaiser roll! - A taste of paradise you’ll enjoy over ’n over.................................................................$14.99

**What About The Kids?**
If the kids aren’t happy, then Mama’s not happy - Then nobody’s happy! All for $7.99.

**10 Years Old and Younger Please.**
Substitute Tots for $1.00
Other Sides Available Upon Request

**Cheeseburger**
Served up with crispy fries

**Pizza** - Our crispy cheese and tomato sauce pizza add toppings $1 each for all you pepperoni heads

**Macaroni Cheese** - Tasty and always a favorite served up with fries

**Amanda’s Pasta** - Lotsa Angel Hair Pasta topped with your choice of marinara or butter and Parmesan on the side

**Cheese Dog** - This 1/4 lb, all beef topped with melted American cheese and served up with fries

**Grilled Cheese** - Served up with fries

**BBQ Pulled Pork Sandwich** - Served up with fries

**Cheese Quesadilla** - A real favorite

**BBQ Chicken Sandwich**
Tenderly cooked so enjoy with fries

**Fried Gulf Shrimp** - Plump and tasty with fries